

THEORY OF CHANGE

Impact:

Young people thrive and develop into healthy adults

LONG-TERM OUTCOMES


- HIV infections
- Teen pregnancies
- Gender-based violence (GBV)



- HIV treatment adherence
- Mental well-being
- Educational attainment and employability

INTERMEDIATE OUTCOMES

Young people practice safer sex and access health services

Young people reduce alcohol and drug use and have better mental well-being

Young people have more gender-equitable, healthy and positive relationships

Young people embrace education and employment opportunities


SHORT-TERM OUTCOMES

Young people are confident and health-literate, with the skills to make positive, informed decisions

Young people face fewer barriers to accessing youth-friendly services, including reduced stigma

Young people hold respectful, equitable attitudes and communicate effectively

Coaches and communities mentor, support, and champion young people's well-being

GRASSROOT SOCCER:

Produces soccer-inspired health programs called 'SKILLZ' that young people find engaging and fun

Trains and supports Coaches to mentor young people and make them feel safe, understood, and valued

Equips Coaches with professional development support

Positively engages communities


Challenge:

Young people face numerous barriers to access the information, skills, and services they need to live healthy lives