

PERSONNEL & EQUIPMENT

Personnel: Have a certified athletic trainer, student athletic trainer and/or certified medical professional on site for tournament. In the event that a certified athletic trainer or medical professional is not present, the tournament coordinator is responsible for summoning emergency care.

Equipment: Have a first aid kit and emergency supplies (trauma kit, splint kit, spine board, oxygen, bag resuscitator, AED) present during the tournament.

INJURY PROCEDURES

Minor Injuries: cuts, scratches, abrasions, etc.

- Follow universal precautions to prevent transmission of blood borne pathogens and blood related diseases using sterile techniques (e.g. wear surgical gloves when providing treatment).
- Administer first aid.

Minor-Moderate Injuries: sprains, strains, contusions, dizziness, etc.

- Administer first aid.
- Minor sprains, strains, etc., treated at tournament site.
- More severe sprains, strains, etc., protect and transport to an athletic training facility.

Serious Injuries: fractures, dislocations, head injuries, internal injuries, etc.

- Administer first aid.
- Stabilize participant.
- If EMT is not present, follow the EMERGENCY PROCEDURES below.

EMERGENCY PROCEDURES

Roles of First Responders:

1. Immediate care of the injured or ill participant
2. Call for emergency medical services:
 - Call 911 OR the local paramedics/EMT
 - Provide the following information:
 - Identify yourself
 - Location
 - Telephone number
 - Number of individuals injured
 - Type of Injury
 - Condition of injured
 - First aid treatment being provided
 - Other information as requested
3. Direct EMT to the location of the injured or ill participant.
4. Limit the area around the injured or ill participant to first aid providers and move other participants and bystanders away from the area.