

Explain to your participants that you will read a series of statements aloud that are either FACT or NONSENSE. Ask your participants to raise their hands and wait to be called on before answering. Read each statement aloud and call on the first participant to raise his or her hand. After the participant answers, tell them the correct answer. If there is a bonus question, read it aloud and call on a different participant to answer it.

STATEMENT: Washing after sex prevents HIV. NONSENSE

STATEMENT: HIV is only spread by blood. NONSENSE

- *Bonus Question: Besides blood, what are the other fluids in the body that can spread HIV?*
 - Semen, vaginal fluids and breast milk

STATEMENT: Unprotected sex is the most common way HIV spreads in South Africa. FACT

- *Bonus Question: What are other ways HIV can spread from one person to another?*
 - Blood-to-blood contact (e.g. sharing needles or other sharp objects)
 - From a mother to a child (during pregnancy, birth or breastfeeding)

STATEMENT: A person can get HIV by sharing food with someone who has HIV. NONSENSE

- *Bonus Question: What are other common myths about how HIV spreads?*
 - HIV is not spread by mosquito bites or everyday contact such as hugging, kissing, shaking hands, sharing utensils, food, toilet seats, etc.

STATEMENT: More teenage girls have HIV than teenage boys. FACT

- Teenage girls are 3-4 times more likely to get HIV than teenage boys.
- *Bonus Question: Why are teenage girls more likely to get HIV?*
 - Older sexual partners: Girls attract older men who are more likely to have HIV than males their own age.
 - Sex for stuff: Girls are more likely to have sugar daddies that pressure them to have sex for money, clothes, food, rent, etc. and girls have less power to say no to sex or to insist on using a condom.

STATEMENT: Condoms are the only way to prevent HIV. NONSENSE

- *Bonus Question: What is another way to prevent HIV?*
 - Abstain, be faithful and avoid blood-to-blood contact
- *Bonus Question: Why else would a person use a condom?*
 - Prevent pregnancy and prevent getting a sexually transmitted disease (STD)

KEY MESSAGE: Teach the facts and expose the myths about HIV and AIDS to our friends and families.